

## PE STATEMENT

PE at St Michael at Bowes has a structured, sustainable and successful profile, providing strong curriculum PE and a wide portfolio of extra-curricular provision. We have been awarded Gold Status for our dedication to providing high quality PE provision and our engagement in ongoing competitions.



We continue to use the Enfield PE curriculum scheme of work supplied by the Enfield Borough PE team supplemented by the Youth Sports Trust Top Cards. Increasingly, we are turning our attention to the daily mile, active 30 and other methods to highlight the importance of daily physical activity and to encourage the children to keep active throughout their day. In line with this, we continue to reinforce the values of sport and competition through regular engagement in sport.

Our team comprises of Miss Bell- PE Subject Leader, Sporting 4 Schools- who support active lunchtime and run extra-curricular clubs and Super Star Sports- who support active lunchtime activities. We also have a PE pupil team who are deployed to run lunch time activities and important sports events in the yearly sports calendar.

Our curriculum is varied and balanced giving children the opportunity to learn skills and participate in a myriad of sporting and physical activities. All of our children receive over 2 hours of PE a week and have many opportunities to further their sporting talents during extra-curricular clubs. We have entered yet more competitions- striving to reduce non- participation and increase the whole school activity profile.

We currently have an A and B Boys', Girls' and mixed Football Team and a Netball Team that receive free training and regular competitive action. On top of that we enter Gymnastics, Athletics, Dance, Tennis and Golf festivals - this list is not definitive. We strive to provide opportunity widely across the school for children to taste competition and revel in representing the school.



The SMAB PE department also provides a breadth of extra-curricular clubs in a range of sports and active pursuits. As a result, have over 150 children participating in extra-curricular activities in school and this continues to rise year on year. Currently, we offer General Football Training, Dodgeball, Team training for Football and Netball, Multi-skills Club and Outdoor Sports Club. Seasonally, we also offer Gymnastics, Dance, Hockey, Cricket and Athletics.

Our young leaders are helping shape school sports and play, not only at SMAB but also at our neighbouring school Tottenham Infants. Our leaders enable play amongst children by teaching and leading games. They are also instrumental in overseeing areas of the playground, refereeing and overseeing Football, Dodgeball and small playground games.

As a school, we are invested in sports and extending the best sporting futures for the children. We strive to include and engage as many children as possible, reinforcing the notion that there is no limit to your potential. We have proudly represented The London Borough of Enfield in the regional London Youth Games and aim to continue to strive towards excellence.

