

PE Achievement Report 2019-20



PE at St Michael at Bowes has evolved over the past year with sustained success and growth in key target areas, including recruitment. This year we have increased the focus on SEN children, aiming to provide them with wider opportunities to be involved in sport and represent the school, through entering more borough competitions. Through this we hope to continue to increase the participation in sport not only in school, but also outside of school, providing and sustaining a healthy active lifestyle. We have maintained our portfolio of competitions, with a healthy drive for more team sports and in-house competition. We have had athlete visits and launched initiatives to

increase regular mass participation and self-sufficiency. We still have over 150 children participating in extra-curricular activities in school. We have cultivated strong links with the Enfield PE Team and Tottenham Hotspur and continue to strengthen relations with other schools across the Borough. In doing so we have maintained our status as a GOLD Kitemark recognised school of School Sporting Excellence.

Clubs/Extra-Curricular Provision

This year we have sustained our after-school clubs and have had the following provision available for children to attend after school hours:

- Boys Football & Girls Football Training
- Open Football Training
- Multi - sports
- Dance (Borough Festival Preparation)
- Gymnastics (Borough Festival Preparation)
- Year 5 Swimming
- Athletics
- Dodgeball
- Netball



Boys Football

This year was another extremely competitive league with some really tough opponents. The poor weather and lockdown unfortunately cancelled many of the boys games this season which remains unfinished. However, in the games the boys did play, they showed great teamwork and played some excellent football. There were some great new additions to the team and everyone played their part. Some amazing goals were scored, but we were just unlucky in some games to not get the win. Next year we are looking to play more friendlies which will give the boys more practice against tough teams and therefore increase our confidence when we play in the league. We have some very talented Year 6's leaving us this year, but we have a strong foundation of Year 5 players coming through for the start of the league in September. We also aim next year to increase the accessibility of football by entering more competitions for Year 3 & 4.

Girls Football

This year we had to have another rejig of the girls football team and I am proud to say that everyone has progressed massively from the start of the season. Before we started, some of these girls had never even kicked a ball before, yet week on week they are improving not only individually, but also as a team. It was a slow start to the girls season losing our first game and then having the rest cancelled so early on, but the girls never gave up, especially not in training, which must be applauded. Unfortunately, the league could not be finished which is a real shame as they only managed to play one game with the poor weather and lockdown. However, I know that the girls who are staying with us are already looking forward to getting more playing time next year.



Gymnastics

We attended the Borough Gymnastics Festival again this year, entering the Year 3 & 4 Beginners, Year 5 & 6 Intermediates and the Open/Advanced Individual competitions. All of the children did remarkably well and looked fantastic in their leotards. We had tough competitors, but everyone stepped up to the mark and performed their routines and vaults with massive smiles on their faces. As you can see, all the children had a great time and their behaviour and etiquette must be applauded, as they represented the school proudly. More time is being spent in PE on gymnastics, which will not only help the children to progress more in their lessons, but also in next year's festival. We are already looking to recruit some new members to help strengthen the squad.



SEN Panathlon

Back in December, we entered the SEN Panathlon at Lea Valley Sports Centre that comprised of 10 different sporting events. We went in not knowing what to expect, but the children picked up each of the activities extremely quickly and had a blast. These activities included games such as table top cricket, bowling, basketball, boccia and many more. We competed against 9 other schools and we only went and finished in 2nd place!! All 8 children thoroughly enjoyed themselves, supporting each other and cheering them on. I must commend their behaviour and attitude as they represented the school extremely well. We are looking to get the gold next year.



Boccia Tournament

This year we also decided to enter the boccia tournament as we thought this was a new sport to introduce to the school and would be good fun for everyone. We entered a team of 4 students, a mixture of children from Year 4, Year 5 and Year 6. Considering this was a new sport learnt in the new year and not having had much training time, they all did fantastic and we definitely have some stars for the team next year. Unfortunately, they did not make it into the semi-final as they had some very tough opponents. However, they showed great sportsmanship even when one of their games was extremely close, losing out by just a millimetre. All of the children enjoyed themselves and wanted to play for longer. Next year we are looking to increase the participation and increase training time which could potentially be done through an extra-curricular club.

