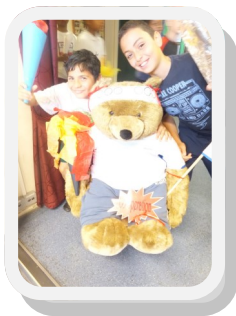
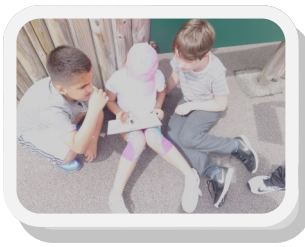


## WE ARE ATHLETES!



All the children and staff have enjoyed a week packed full of activities and investigations based around the theme 'Living like an athlete'. During this exciting time, the children have taken part in activities such as: training like an athlete and looking at the psychological process an athlete must endure to be successful in their sport. Furthermore, the children have spent the whole week carrying out scientific enquiries such as: Does having long legs mean you can jump further? and How much sugar is there in a variety of drinks?



As the week has progressed, each year group has worked hard to collect medals for showing evidence of fairness and co-operation: two of our core values at St. Michael at Bowes. Although all years did amazingly well, the winning year group was Year 5.

Our sports day was also incredibly successful (even the weather cooperated with us!) with so many children demonstrating our school values. Thank you to Mr Hunt, Mrs Ucar and all the staff who helped to make the day a brilliant one.



May we please take this opportunity to say a huge 'thank you' to all our families for your support and encouragement during this wonderful week. We hope that learning about the lives of athletes around the world will help them to go on to live healthy and successful lives.



## WINDMILL HILL



Its the time of year where we flood you with images of overexcited year 6s with helmets on - you guessed it, PGL!

What an amazing weekend of fun with some bright and humorous children! There was never a dull moment as we scaled climbing walls, overcame obstacles on



the challenge course, capsized our canoes (not pointing fingers!) and fired arrows! That was only a small insight into the weekend. Midnight feasts were demolished, neighbours were woken up, but all was forgiven as we were on our holidays! If I could, I would do it all over again. Year 5 you are in for a treat. By Mr Hunt.

