

**aims**

To consider reproduction in the context of relationships

**learning outcomes**

- Discuss different types of adult relationships with confidence
- Explain how babies are made

**resources**

- DVD - Living and Growing Unit 2, Programme 5, *How Babies are Made*.
- [Relationship pictures](#)

**activities**

1. **Recap** In a circle, remind the class of the ground rules from the last lesson. Ask the class what they remember about puberty and reproduction from that lesson. 5 mins
2. **Learning Outcomes** Refer to the learning outcomes on the whiteboard and discuss what they mean. Ensure the children understand the word relationship by asking what it means. Ask for examples of different types of relationship (including friendship) and of different people that we have relationships with. 5 mins
3. **Relationship Pictures Activity** Give pairs or small groups a [picture](#) each showing people in different friendships and relationships. Alternatively show the pictures on the white board to the whole class. Ask groups to give responses to the pictures and to explore these questions: What kind of relationship is shown in the picture? Do you think it is a positive relationship or not and how can you tell? What do you think makes a good relationship? How would you describe the difference between a friendship and a relationship? Additional pictures can be found from magazines or from the *Getting started with SEAL* cd resources photo cards. 10 mins
4. **Feedback** As a whole class listen to feed back from each group. Use the discussion to reflect the diversity of relationships and families and to challenge stereotypes. Record on the whiteboard any ideas about what makes a good relationship, then ask the children whether there are any differences between friendships and adult relationships (e.g. different types of touch and intimacy, sexual feelings). 5 mins
5. **DVD How Babies Are Made** Tell the class that they are going to watch a film about relationships and in particular about relationships between adults. Explain that the film also includes a cartoon animation of sexual intercourse, which is one of the ways adults express their feelings in an adult sexual relationship. The cartoon will also show how a baby is made. Explore how the class might feel about this and discuss strategies to help them manage their feelings during the film. 20 mins

6. **DVD Discussion** Immediately after the film ask the children to reflect in pairs on what they've seen e.g. What did I like about the film? What surprised me?. Discuss the film with the class; ask open-ended questions about sex and relationships. What were the different relationships we saw in the film? What qualities did each person value in their friend or partner? Use the list of words on the whiteboard to support this discussion. Why had one particular couple decided to have a baby? 10 mins
7. **Anonymous Questions** Ask the pupils to write anonymous questions using a sentence stem "After this lesson I still want to know...". Explain that their questions will be answered in the next lesson. Review and close 5 mins

### additional activities

#### **Diamond Nine**

In pairs ask the class to write at least three qualities of a good friend on three separate squares of paper. Ask the pairs to join up to make a group of four and together think of some more qualities until they have nine squares of paper. Ask each group to arrange the squares in order of importance using a diamond or pyramid shape. Feedback and discuss.

**Relationship Go-Round** In pairs ask the children to complete a sentence using a sentence stem; e.g. "One important thing to have in a relationship is...". Finish with a closing round using the same sentence stem.