





In my opinion...

I think that...



Thought of the Week: What is Coronavirus?





Why are we talking about this?



Over the last few months, there has been a lot of talk about **a new virus that is** spreading around the world. There are a lot of questions that people want to know the answer to, such as:

Coronavirus: What is the new virus and what's being done about it?





Coronavirus: Is there a Coronavirus vaccine and how do vaccines work?

Coronavirus: Why are people wearing masks and do they work?





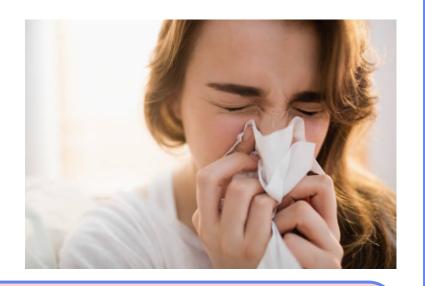
Coronavirus: What is a pandemic?

What is happening around the world, and what you should be doing to stay safe!



What is Coronavirus?

There are actually many different
Coronaviruses, including one that causes
you to get a cold! But scientists haven't
seen this type before and have called it
COVID-19.





It began in China, but has now spread to lots of other countries. Governments around the world have been working together to slow the spread of the disease and help to develop a vaccine.

Although the number of people affected is relatively small, the **new virus hasn't been seen in humans before** so scientists are keen to **stop its spread**.





What are the symptoms of COVID-19?



Even though the **virus is new**, here are some of the **things we know** already:

90%

of people will develop a **high temperature**.

80%

of people will develop a **dry cough**.

30%

of people will have a shortness of breath and feel tired.

4%

of people will have a runny nose.

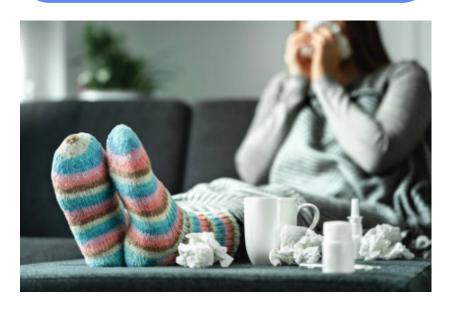
Most people with COVID-19 will feel unwell with the symptoms for 1-2 weeks before they recover. However, very old or very young people, or people who are already ill can develop pneumonia.



What are the symptoms of COVID-19?



Like the normal cold and flu bugs we sometimes get, the virus **spreads to other people by coughing and sneezing**, or by touching surfaces that have the virus on them.





To help stop the virus from spreading, the NHS are encouraging people who have the virus to stay at home until they have recovered from the illness.

https://www.bbc.co.uk/newsround/51861089



What can you do to stay safe?



The best thing you can do to stay safe is to wash your hands properly (for around 20 seconds) and do this often. Using soap or hand sanitiser kills most of the germs on your hands, preventing them from spreading.



It sounds silly, but to make sure your hands are clean, sing "Happy Birthday" to yourself twice while washing!



The NHS have also advised that you cover your mouth and nose with a tissue or a sleeve (not your hand) when you cough of sneeze, and that you put tissues in the bin straight after.

https://www.youtube.com/watch?v=bQCP7waTRWU&feature=youtu.be



8 Tips if you are worried about the Coronavirus

https://www.bbc.co.uk/newsround/512 04456



Jesus,
You're with us.
Though you are not seen,
We know that you stay by our side.

Jesus, you love us, More than we could know.

Jesus,
We trust you to take hold of our hands,
Protect us during this unusual time,
And to find a cure for the
Coronavirus soon

In Jesus' name, Amen

