

## Year 3

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Outdoor and Adventurous Activities</b>  <b>Gymnastics</b>  Travelling with a Change of Direction	<b>Invasion Games</b> Controlling & Receiving  <b>Dance</b> Linking Dance Actions	<b>Striking and Fielding</b> Striking the ball/Fielding in a team  <b>Gymnastics</b> Stretching and Curling	<b>Net and Wall Games</b> Directing the Ball  <b>Invasion Games</b> Creating Space	<b>Athletics</b> Running, Jumping & Throwing  <b>Net and Wall Games</b>	<b>Athletics</b> Develop Techniques  <b>Striking and Fielding</b>

## Year 4

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Outdoor and Adventurous Activities</b>  <b>Gymnastics</b> Balance	<b>Invasion Games</b> Controlling & Receiving  <b>Dance</b> Re-telling a Story	<b>Striking and Fielding</b> Striking the ball/Fielding in a team  <b>Gymnastics</b> Receiving Body Weight	<b>Net and Wall Games</b> Directing the ball  <b>Invasion Games</b> Keeping Possession of the Ball	<b>Athletics</b> Running, jumping & throwing  <b>Net and Wall Games</b>	<b>Athletics</b> Develop techniques  <b>Striking and Fielding</b>

## Year 5

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Gymnastics</b> Unit 1 - Flight  <b>Swimming</b>	<b>Invasion Games</b> Support Play & Formations  <b>Swimming</b>	<b>Striking and Fielding</b> Learning Different Roles  <b>Dance</b> Putting on a Dance Performance	<b>Net and Wall Games</b> Tactics/Skills  <b>Invasion Games</b> Support Play and Progression	<b>Athletics</b> Develop Technical Understanding  <b>OAA</b>	<b>Athletics</b> Develop Techniques & Understanding  <b>Striking and Fielding</b>

## Year 6

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Outdoor and Adventurous Activities</b>  <b>Gymnastics</b> Matching/ Mirroring	<b>Invasion Games</b> Tactics  <b>Dance</b> Putting on a Performance	<b>Striking and Fielding</b> Learning different roles  <b>Gymnastics</b> Counter-balance/tension	<b>Net and Wall Games</b> Tactics/Skills  <b>Invasion Games</b> Attacking & Defending	<b>Athletics</b> Develop technical understanding  <b>Net and Wall Games</b>	<b>Athletics</b> Develop Techniques & Understanding  <b>Striking &amp; Fielding</b>