

Year 3

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Me and my community</p> <p>To understand the importance of self-respect</p> <p>To understand how communities tackle shared challenges</p>	<p>Respectful relationships</p> <p>To name male and female body parts using agreed words.</p> <p>To know and respect the body differences between ourselves and others.</p>	<p>Online relationships</p> <p>To understand that online, people sometimes pretend to be someone they are not</p> <p>To understand some rules and principles for keeping safe online</p>	<p>Caring friendships and being safe</p> <p>To understand that each person's body belongs to them.</p> <p>To understand personal space and unwanted touch.</p>	<p>Caring friendships and being safe</p> <p>To understand the difference between healthy and unhealthy friendships.</p> <p>To understand that healthy friendships do not make others feel lonely or excluded.</p>	<p>Families</p> <p>To understand that all families are different and have different members</p> <p>To identify who to go to for help and support.</p>

Year 4

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Me and my community</p> <p>To understand what the UK parliament is</p> <p>To understand how to be responsible with money</p>	<p>Healthy and respectful relationships</p> <p>To discuss the characteristics of healthy relationships</p> <p>To discuss the importance of self-respect.</p>	<p>Online relationships</p> <p>To understand the importance of keeping safe online.</p> <p>To understand how to remain safe when using social media and interacting with others online.</p>	<p>Caring friendships and being safe</p> <p>How to manage conflict in friendships</p> <p>To understand how to use strategies to tackle bullying</p>	<p>The human life cycle and puberty</p> <p>To explore the human lifecycle</p> <p>To identify some basic facts about puberty</p>	<p>The human life cycle and puberty</p> <p>To explore how puberty is linked to reproduction</p> <p>To understand some of the physical and emotional changes that happen during puberty</p>

Year 5

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Respectful relationships</p> <p>To explore respect</p> <p>To respect differences</p>	<p>Physical health and mental well-being</p> <p>To explore legal drugs</p> <p>To explore illegal drugs</p> <p>Suggested resources:</p>	<p>Physical health and mental well-being</p> <p>To understand the risks of taking drugs</p> <p>To understand how to deliver basic first aid</p>	<p>Online relationships</p> <p>To explore cyberbullying</p>	<p>The human lifecycle and puberty</p> <p>To explore the emotional and physical changes occurring in puberty</p> <p>To understand male and female puberty changes in more detail</p>	<p>The human lifecycle and puberty</p> <p>To explore the impact of puberty on the body and the importance of physical hygiene</p> <p>To explore ways to get support during puberty</p>

Year 6

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Respectful relationships</p> <p>To explore practical steps that could be taken in a range of contexts to support respectful relationships</p> <p>Exploring the importance of communication and respect in relationships</p>	<p>Online relationships</p> <p>To explore positive and negative ways of communicating in a relationship.</p> <p>To explore the dangers of sending inappropriate messages</p>	<p>Caring friendships and being safe</p> <p>To examine feelings about being out and about in the local area.</p> <p>To identify risks and risky behaviour</p>	<p>Caring friendships and being safe</p> <p>To explore the possible consequences of anti-social behaviour</p> <p>To know that we all have the right to be safe</p>	<p>Puberty and reproduction</p> <p>To consider puberty and reproduction</p> <p>To consider different ways people might start a family</p>	<p>Conception and pregnancy</p> <p>To understand conception and pregnancy</p> <p>To understand what consent means in an adult sexual relationship</p>

